

If you are going to the cave ...

Please do not enter Cadomin Cave between September 1st and April 30th, when bats are hibernating in it.



One disturbance during a bat's hibernation uses up 60 days worth of energy, and a disturbed bat may starve before spring arrives. **It is unlawful to disturb hibernating bats.** Do not camp in the cave.

Bring three sources of light.

A helmet-mounted electric headlamp is best, because it leaves your hands free for scrambling past the many obstacles in the cave.

Your back-up flashlights (bring two) should be waterproof. Be sure all the batteries are fresh, and bring extras. Do not bring Coleman-style lanterns. The emissions given off are polluting, and the glass globe will probably break in the cave.

If you see bats, don't disturb them. If you want to look at them, do so without shining your lights directly on them.

Never go caving alone,

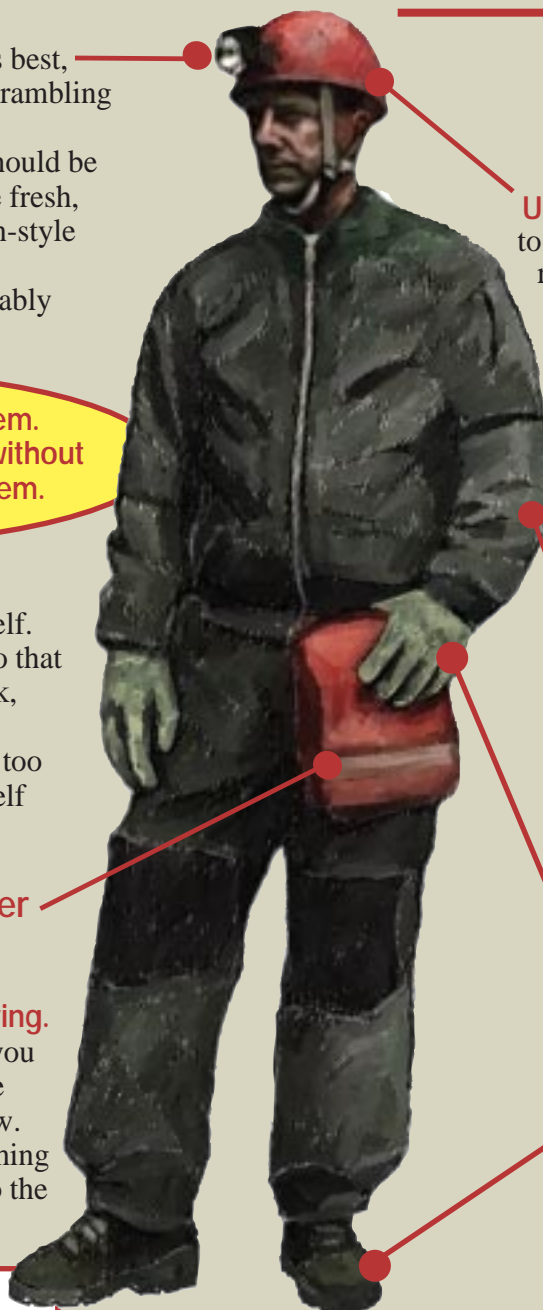
and be careful not to overextend yourself. The minimum safe party size is four, so that if one caver is injured too badly to walk, another caver can stay with that person while the other two go for help. It's all too easy to exceed the limitations of yourself and your equipment in a cave.

Be cautious. Bring snacks, water and a small first-aid kit.

Always leave word before going caving.

Tell someone you trust exactly where you will be and when you will be back. The number to call for rescue is given below. Memorize it or write it down on something now, and next time give that number to the person waiting for you at home.

In case of emergency call the RCMP at 780-865-5544



Use a helmet. It's all too easy to hit your head—hard—on the roof of the cave. Wear a good helmet; one with a chin strap to keep the helmet on your head when you lean over.

Wear proper clothing.

The cave is cold (only 4°C) and very damp. To prevent hypothermia, experienced cavers wear layers of clothing. The inner layer is warm long underwear or long pants, with a shirt and sweater or pile jacket.

The outer layer is **coveralls**. If you have no coveralls, you could wear loose-fitting long pants and a heavy sweatshirt over your inner layer.

You will also need gloves (waterproof gloves are best) and lug-soled boots.

Alberta
Environmental Protection



Volunteer Steward Program